

## Atlantic City

By Lucille D. – Toms River Member

Lucille answered questions about her favorite place – Atlantic City.

### *What is your favorite Casino?*

“I like Tropicana.” Lucille wrote her answer.

### *Why?*

Lucille gestured to Tropicana and agreed she went there the most.

### *What games do you play?*

Poker and Blackjack

### *Do you stay overnight or go for the day?*

Lucille pointed to day trip and said “day.”

### *Do you win?*

It depends. Lucille gestured with her hand waving.

### *When was the last time you went to Atlantic City?*

March 2023

### *How often do you go to Atlantic City?*

1 time a month. Lucille pointed to each month on the calendar.



**Lucille D.**

## Family Cruise Vacation

By Nino M. – Maywood Member

Nino communicated details of his family trip through gestures, facial expressions, tone of voice, and body language.

Nino pointed to the picture with his family on the cruise ship. His face lit up and he appeared very excited, showing that he had a wonderful trip.



**Back Row: Nino, Joanne, Phil  
Front Row: Jess Marie and Jes**

Nino showed the clinician the picture of his family at dinner and pointed to a glass of wine in the picture. He appeared very satisfied with the food and drinks they had on the trip!

Nino pointed to the waiter in the picture, smiled and laughed showing he liked the waiter they had on their trip. Nino gestured that they had the same waiter every night. He said, "I know right?"



**Nino with family...  
and favorite waiter!**

Using a selection of food options, Nino selected that his favorite food on the trip was the Italian food, specifically the pasta dishes. He said "yes!" enthusiastically.

Nino used a communication packet to indicate that the weather was beautiful. He communicated that it did not rain, and the temperature was perfect! Nino said, "oh yeah!"

Nino showed the clinician a picture of him in front of a wall with pictures of different Italian actors and singers.

Nino pointed to pictures of Al Pacino and Sylvester Stallone. He smiled and gestured a punching motion to communicate that he liked "Rocky" movies.



**Nino pointing to celebrities!**

Nino also pointed to Dean Martin. With support from the clinician, Nino accessed YouTube and selected the song "Everybody loves Somebody."

Nino began singing the song with enthusiasm!

Through his body language and facial expressions, Nino communicated that he had a great trip on the cruise with his family!

## What's Going on with Aphasia?

By Monroe ACG Members

There are more than 2 million people who have aphasia in America. Aphasia does not affect your intelligence just your speech.

It is important for Aphasians to look forward to reclaiming their health with music, yoga and exercise. Reclaim the New You!

During 2020, the National Aphasia Association surveyed people and only 7% of them understood what Aphasia was. Recently, during 2022, the National Aphasia Association surveyed people and found that 40% of them have heard about Aphasia. How has this happened?

Well, several celebrities have aphasia and they have been bringing awareness about it. Gabby Giffords and Bruce Willis are just 2 of the celebrities who have aphasia and have made it public. They were not afraid to talk about it, which is wonderful.

Recently, John Fetterman decided to run to be a senator in PA during November 2022. He was already a Lieutenant Governor. Mr. Fetterman had a stroke during May of 2022. He spoke about the effect of having Aphasia and he was selected to be the senator. Fortunately, people realized that Fetterman had a stroke and that he was still strong enough to be a senator. He was able to listen to people in Congress using a closed caption. Using this he could read what was being said a little slower. PA is OK with him after learning about the stroke and aphasia.

The People Must be Heard!!!



### Monroe ACG Members

(Pictured from left to right)

**Back row:** Sharon Glaser (facilitator), Jill V., Donna S., Robert S., Paul L., Ralph R.

**Front row:** Sue B., Paul O., Rajay K., Srinu S., Rita W.

## What I Love about the Spring By West Orange Members

### What I love about the Spring.....

**Bob B.** – Warmer outside

**Murray** – No cold

**Adam** – House cleaning

**Susan** – The days are longer

**Paul** – Warmer days

**Anithia** – Baseball - the Yankees and the days are not too hot or too cold

**Orlando** – No more cold!

**Marvin** – Adler gives us new information

**Chris** – Biking with dog Sparky and the hockey playoffs

**Simon** – The days are warm



**West Orange Members**  
(Pictured from left to right)

**Back Row:** Simon R., Orlando D., Anithia C.,  
Murray B.

**Front Row:** Susan E., Adam E.

### Programs offered throughout the state of New Jersey:

- **Maywood Campus:** [kcastka@adleraphasiacenter.org](mailto:kcastka@adleraphasiacenter.org)
- **West Orange Campus:** [sglaser@adleraphasiacenter.org](mailto:sglaser@adleraphasiacenter.org)
- **Toms River Campus:** [brein@adleraphasiacenter.org](mailto:brein@adleraphasiacenter.org)
- **Aphasia Communication Groups (9 sites in NJ):** [gszabo@adleraphasiacenter.org](mailto:gszabo@adleraphasiacenter.org)

### MEMBER NEWSLETTER DISCLAIMER:

This Adler Aphasia Center Newsletter is written by our members with aphasia and from their personal perspectives. The stories featured in this Newsletter are intended for its readers' general information and education. Adler Aphasia Center does not endorse nor recommend any commercial products or services that are featured in this Newsletter. Views and opinions expressed in this Newsletter do not necessarily state or reflect those of Adler Aphasia Center and shall not be used for advertising or product endorsement purposes.

Adler Aphasia Center, a non-profit organization with three full service facilities based in Maywood, West Orange, and Toms River, NJ and nine Aphasia Communication Groups located throughout the state, is an innovative program that addresses the long-term needs of people with aphasia and their families. Aphasia is a language disorder that usually results from a brain injury (such as stroke, brain tumor, accident, or infection). While aphasia can affect one's ability to speak, understand, read and write, it does not affect intellect. For more information about our programs and services in Maywood, West Orange, or Toms River, NJ, or for information about our Aphasia Communication Groups in Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Scotch Plains, Toms River and Virtual NJ Group, visit our website at [www.adleraphasiacenter.org](http://www.adleraphasiacenter.org) or call 201.368.8585.