

Someone I Love

By Bill G. - Maywood Member

On Valentine's Day we pay tribute to someone we love. So I'm going to tell you about a special person, my wife Barbara.

My wife is happy all the time! So she makes sure that I am happy too.

After my stroke 15 years ago, she took such good care of me and was so wonderful to me. I love her even more.



Bill G.

We have been married 35 years, have one son, a daughter-in-law and a beautiful granddaughter. We have a wonderful time together celebrating holidays, birthdays and special events. We love to go to the Jersey Shore. We rent a house and stay there one week swimming, barbecuing, going out to restaurants and just having fun.

My life is wonderful because of her. She is my Valentine!



Bill Grundy 💙 🗞

Love By Paul P. - Maywood Member

I love my wife, Karen She is my guiding star I see her first thing in the morning and the last thing at night and I smile. I speak with her about everything

I laugh and cry with her Our life together is full I love my wife and she loves me!



Paul P.

Page 1 Issue 1 | Feb. 2023



Foods We Love

By Maywood ACG Members

What's your favorite food?

<u>John</u>: Everything! I like Italian, chicken parmigiana. My girlfriend Sharon makes good cheesecake.

<u>Cathy</u>: I like Italian food too. My favorite is lasagna. And bread. We ate bread every day.

Elaine: I'm a vegetarian. I was 16 years old. I was against the slaughter of cows.



Maywood ACG Members

<u>Marge</u>: I love a lot of vegetables and salads. When I was young, they made a lot of fatty things. Now, I eat healthy. Probably because my father and my brother died young. I still remember latkes!

Jeff: What are latkes?

<u>Marge</u>: Shredded potatoes fried in oil. For Hanukkah.

<u>Jeff</u>: I'm more of a barbecue person. I make smoked brisket, ribs, chicken. I make smoked baked beans. Brisket takes twelve to fifteen hours to make. My grandmother in Mississippi got me into it. For Thanksgiving, I make a ham from scratch.

John: My mom was a good cook. She made everything.

Cathy: My mom was a good cook too.

What kind of eater are you?

John: I live to eat. But I am trying to eat more healthfully now.

Cathy: I enjoy a good meal. And if I don't like it, I don't eat it.

Elaine: I'm vegetarian, and I eat to live.

<u>Jeff</u>: I like everything, but I can't eat seafood.

Marge: I don't eat eggplant or pork.

Issue 1 | Feb. 2023 Page 2



Murray B's Love of Chess

By The West Orange Group, T/Th Members

The West Orange T/Th group members interviewed Murray B. one of our original members, age 92 on his love of chess!

<u>Bob</u>: Do you know right away when you can beat someone?

Murray: Yes.

Susan: Were you a kid when you learned?

Murray: 13 years old when I first started chess; my father had

4 brothers;

Uncle Irving was a "superb chess player." He taught me.



Murray B.

Anithia: Did you want to teach your sons or grandsons how to play?

<u>Murray</u>: I taught my sons; wife was opposed to chess, steering sons towards other things; Glen is a retired lawyer, Steven is a computer programmer, Elliot is an actuary.

Adam: What other things did your sons do?

Murray: My wife did not know how to play; she was okay with me playing chess.

Adam: I think sons should be allowed to play.

Murray: My son Steven was quite the chess player.

P.D.: Didn't you play a guy who was very good?

Murray: I played against Bobby Fischer, and it was a draw.

<u>P.D.</u>: When you played that game, were you happy?

Murray: Yes, but he was 12 years old, and I was old (24).

Chris: Did you play for money?

Murray: Yes, but not with Bobby Fischer.

<u>Orlando:</u> I used to play a lot I wasn't that great, but I played for a long time; Murray's got to be really good to be able to play Bobby Fischer.

Bob: How often do you win?

Murray: I'm not winning as much as I'd like to now.

Continued on next page

Issue 1 | Feb. 2023 Page 3



Sharon: Are you still going to the chess club now?

Murray: Yes; most of the time I go with John Haggerty; if it wasn't for him, I wouldn't

play; I go once a week

Adam: Why is it harder to win now?

Murray: I was half a point away from winning.

Adam: Do you have your own set?

Murray: When I was playing chess I was playing with the clock; yes, I have a chess

machine at home; I read a lot of books. I'm reading one about Trump!

My Favorite Place By Paul S., Toms River Member

One of my favorite places to visit is Arizona.

My wife & son & I have been there many times, and mostly we go in the summer. We usually stay in Scottsdale, but have also stayed in Sedona, a few times.

I love and have played many of the most beautiful golf courses, and it NEVER rains, which is great.

We have also gone horseback riding and seen many of the most famous sites there.

I hope to go back there soon.



Programs offered throughout the state of New Jersey:

- Maywood Campus: kcastka@adleraphasiacenter.org
- West Orange Campus: sglacer@adleraphasiacenter.org
- Toms River Campus: brein@adleraphasiacenter.org
- Aphasia Communication Groups (11 sites in NJ): gszabo@adleraphasiacenter.org

MEMBER NEWSLETTER DISCLAIMER:

This Adler Aphasia Center Newsletter is written by our members with aphasia and from their personal perspectives. The stories featured in this Newsletter are intended for its readers' general information and education. Adler Aphasia Center does not endorse nor recommend any commercial products or services that are featured in this Newsletter. Views and opinions expressed in this Newsletter do not necessarily state or reflect those of Adler Aphasia Center and shall not be used for advertising or product endorsement purposes.

Adler Aphasia Center, a non-profit organization with three full service facilities based in Maywood, West Orange, and Toms River, NJ and nine Aphasia Communication Groups located throughout the state, is an innovative program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. For more information about our programs and services in Maywood, West Orange, or Toms River, NJ, or for information about our Aphasia Communication Groups in Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Scotch Plains, Toms River and Virtual NJ Group, visit our website at www.adleraphasiacenter.org or call 201.368.8585

Issue 1 | Feb. 2023 Page 4