We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

**What I Found at Adler**
By Marcia R.

I am thinking about my enjoyment of attending the center. One of the big things I like is that everybody here has a package. Some of those are sad and painful, but we all seem to leave that package at the doorstep. The relationships we make here and the comforting environment help us to find ourselves again. The humor in this environment provides stimulation to go forward.

**My Love of Gardening**
By Barbara N.

I grew up on the northwest coast of England. My mother had the most beautiful small garden in northern England when I was growing up. Her garden was filled with many colors and textures. I loved my mother’s garden...but I hated the garden chores.


I owned a candy store in Teaneck with a friend. It was the most fun I ever had. People came every day to the store and we got to know so many people. We all knew each other’s life story.

We sold the store and I spent more time at home. Every year I visited my mom in London for the Chelsea Flower Show. Hooked on gardening. Tour gardens every year. Climbing Rose is my favorite flower but I also like perennials and annuals.
Member Spotlight
Meet our members Alyson B. and Walter N.

**Hobbies:** Adaptive Sports

**Grew up in:** Staten Island

**Acquired Aphasia:** 2013

**Favorite Singer:** Classical Music, Rock, Pop

**Favorite Food:** Sushi

**Favorite Vacation Spot:** England

**Job:** 1st and 2nd grade teacher

**Family:** Parents, brother, sister-in-law, 2 nephews

**Favorite Sports Team/Movie:** NY Mets

**Favorite Adler Group:** Advocacy

---

**Hobbies:** Stamp collection, golf, bowling, boating

**Favorite Music:** Frank Sinatra, Patsy Cline, Dean Martin

**Favorite Vacation Spot:** Bermuda, Alaska and Florida condo in Daytona Beach

**Favorite Sports Team/Book/Movie:** Mets, Giants, books on Tall Ships, Call of the Wild book

**Favorite Adler Group:** History, Animal Planet…all of them!

**Grew up in:** Flushing and Astoria, NY; Fort Lee, NJ

**Job:** Mailman and Rheingold girls limo driver

**Acquired Aphasia:** 2005

**Family:** wife, 2 daughters, 2 sons, 9 grandchildren, 8 great-grandchildren

**Interesting Facts:** World War II Vet; Walt turned 95 on January 20th!
Highlights from our West Orange, NJ Location
Meet our member Anithia C.

I Love Football

My name is Anithia.

I enjoy watching the NFL. The playoff games are exciting.

I like to watch the Kansas City Chiefs and Tennessee Titans. The coach for the Titans is one of Bill Bellicek’s players and he beat the Patriots!!! I think Patrick Mahomes is a very good player.

I want to see the San Francisco 49ers and the Tennessee Titans in the Super Bowl.

Let’s see if I am right!!

If you would like to receive our newsletter please submit your email address to: jdittelman@adleraphasiacenter.org

Aphasia Communication Groups (ACGs)
There are 11 ACGs throughout New Jersey!

For more information please contact Gretchen Szabo:
gszabo@adleraphasiacenter.org

MEMBER NEWSLETTER DISCLAIMER:
This Adler Aphasia Center Newsletter is written by our members with aphasia and from their personal perspectives. The stories featured in this Newsletter are intended for its readers’ general information and education. Adler Aphasia Center does not endorse nor recommend any commercial products or services that are featured in this Newsletter. Views and opinions expressed in this Newsletter do not necessarily state or reflect those of Adler Aphasia Center and shall not be used for advertising or product endorsement purposes.

Adler Aphasia Center, a non-profit organization with three full service facilities based in Maywood, West Orange, and Toms River, NJ and eleven Aphasia Communication Groups located throughout the state, is an innovative post-rehabilitative therapeutic program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. For more information about our programs and services in Maywood, West Orange, or Toms River, NJ, or for information about our Aphasia Communication Groups in Belvidere, Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Morristown, North Bergen, Scotch Plains and Toms River, NJ, visit our website at www.adleraphasiacenter.org or call 201.368.8585