Aphasia Center

The Adler News Maywood, New Jersey Issue 7 | July/August 2018

Summer Edition 2018

We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

Oklahoma!

By Alyson B.

The Adler Drama Club was so pleased to act in the musical, Oklahoma on Wednesday, August 1. The cast and crew had lots of fun. Karen C. and Ginette A., who are our cheerleaders, write the aphasia friendly lines, and work with members, were thrilled.

What were you most excited about for the play, Oklahoma? I asked Karen and Ginette.

Karen responded, "I am super excited to see our veteran member actors return to the stage, along with some new first-

timers joining the cast. Our members put their heart and soul into their performances to entertain about 200 people at each performance. Getting up on a stage is never easy for anyone - - with aphasia or without it. I give all our members much kudos to have the courage to perform and entertain despite their aphasia."

Ginette replied, "My favorite moment of every play is the Curtain Call. Each actor gets their own moment in the spotlight and a chance to get the accolades they so well deserve! The Drama Club actors inspire me every day!"

I played Laurie and had a ball! Ed played Curly and is quite the ham. He's at home in the spotlight.

It was an amazing day!

Painting

By Lisa G

I'm a painter. I love painting. I started painting after I had a stroke.

I went to a Paint Night with Morris. I loved it. After that I started painting in my house. I made a studio in my apartment.

I've painted 11 pictures so far. Here is one of my paintings and my studio. I paint all the time. It soothes me.



One of Lisa'a paintings



Alyson B. and Ed M.

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Babe Ruth League in Englewood

By George F.

I grew up in Englewood, New Jersey I played in Little League but when I got older, I played in the Babe Ruth League in Englewood. When I was 15 years old, I had my most memorable time in baseball. I was a first baseman. The last year I played for the team, our team was in the championship finals. Our sponsor was Shell Oil Company of Englewood.

The first time I was up was my most unforgettable time. I hit a double with the bases loaded. I also got up the second time in the same inning. I hit a home run with two men on base. We won the finals in Englewood and we were the champs!

My grandfather lived across the street from where we played. My grandmother raised me. Both of them were divorced but they watched me play baseball. My whole family was there watching this special day.

I Finally Did It!!!

By Crystal B.

I finally did it! I closed on a beautiful waterfront condo located in Rockland County, NY on Thursday, June 28, 2018. I was nervous, excited and happy all at the same time.

After I closed on the condo, I immediately went to the post office and changed my address and then went to the NYS DMV and changed my address on my driver's license. Then I went to Bed, Bath and Beyond and registered for my Housewarming Party.

Three of my nephews moved my big items from my old apartment to my new condo. They moved me with the help of a U-Haul truck and their own muscles. I'm so grateful for them, I bought them lunch and drove them to work. Thank God, I'm a good aunt.

Now I'm bringing the smaller items to my new place. I feel wonderful, delighted and a little overwhelmed with unpacking and decorating. But, I can finally say "I'm a homeowner" and it feels GOOD to say.





George F.





Trip to Africa

By Charlotte E.

About ten years ago, my husband, Dan, and I decided it was time to visit Africa. Why Africa? Because my family always gave me the business that I loved animals more than people. And you know what? Most of the time they were right.

We booked a Tanzania/Kenya safari, and we were very lucky! We got a safari with just two other people. But those two people drank from one end of Africa to the other. Fortunately, those two were split off and went with two other guides. We ended with two guides and two other travelers who had studied upon everything and knew more than the guides. They were great traveling companions.



Charlotte E.

The animals were magnificent. We saw all the "pussy cats." They came right up to our Jeep. They seemed more curious about us than we were about them. We saw impalas, which are considered "lions' hamburger." But lions only eat them if they are starving. Otherwise, they travel together in packs. We saw monkeys which are the cleanest animals I've seen, but they are also crooks; they will steal anything from the camp. A monkey stole my journal right out of my hand while I was making an entry. Then the monkey looked at me and laughed. We saw crocodiles and beautiful birds. The giraffes were huge, gentle and beautiful. They didn't threaten anyone. None of the animals seemed threatening unless you seemed interested in their babies. Then they let you know you were in their territory. Hippos were dangerous if they were running in a line. If that happened we knew to get out of their way. Generally, it was a live and let live environment, especially around the watering hole. I have to ask myself how do the animals all get along, but humans can't?



Bosco's New Friend

By Peter C.

My dog Bosco is nine years old and I love him. I walk him and feed him. He's a really good dog, and very happy. He loves people and other dogs. Ken asked me seven months ago, "Do you want another dog?" I said "No, because I walk Bosco four times a day." But maybe Bosco wants a friend, I thought. I was looking online for a Boston Terrier and I found one at a store. I bought her right away.



Peter C.

I brought her home, and I said to Ken and Bosco, "Hi I have a new

friend!" Bosco was in love but Ken said, "Oh NO!" I said, "She's cute and happy and I will take care of her!" At first, Ken disagreed, but now he loves Pepper too. They both have green eyes!

Pepper loves the girls and when we are walking, she wants to meet them. She has lots of toys but likes to play with my shoes. I love her expressions and the way she plays.

I think it's good for Bosco but he bosses Pepper around sometimes. Our house is happy now.

Aphasia Communication Groups (ACGs) There are ten ACGs throughout New Jersey!

For more information please contact Gretchen Szabo: gszabo@adleraphasiacenter.org If you would like to receive our newsletter please submit your email address to: jdittelman@adleraphasiacenter.org

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