We are so excited to share with you our latest newsletter written by our members with support from our volunteers at

The Adler Aphasia Center in Maywood, NJ.

Adler Board

By Crystal B.

Several weeks ago, I was asked to become a board member of the Adler Aphasia Center by Chantelle Walker, the President and CEO of the Center. I was flabbergasted and speechless because to me it's such a great honor. I have been trying to find a purpose and goal for my life and I finally have one now.

I was confirmed on April 9th and I will be doing my best to advocate for aphasia and the Adler Aphasia Center. Aphasia affects approximately 2 million people in America and those affected have probably suffered a



Crystal B.

stroke or a brain injury. It impairs a persons ability to communicate, sometimes you can't speak at all, sometimes it's only one word and sometimes it may seem like gibberish. It also affects reading ability, mathematical ability and comprehension. The inability to communicate is stressful and can lead to depression.

The Adler Aphasia Center gives me a new and beautiful family of people (members, staff, and volunteers) who uplift each other, laugh with each other and at each other and a place to voice any emotions you are going through. We communicate at the center with words, pen and paper and visual aids. This a beautiful place to be and I'm so thankful.

Aphasia Access

By Mike H.

Last month I drove to Baltimore to help present our poster to hundreds of speech therapists and doctors at the annual Aphasia Access Leadership Summit. There were people from all over the country and even the globe. I was a little nervous.

Our poster talked about how aphasia groups help people to overcome the isolation and depression that follows a stroke or other brain trauma. These groups enable people to find new friends and communities.



Mike H.

People with aphasia like their groups. They want to spend more time at their groups, especially one-on-one time with speech therapists. They also want more outdoor activities, such as having breakfast outside, hiking, going to museums, or going to the movies.

I was nervous about talking to people at first. But after the first 15 minutes, the butterflies were gone, and the time flew by. I talked to lots of people and had a fantastic time. We can't wait to see how the Adler Aphasia Center will be even better, thanks to our poster work!

My Award By Art M.

When I was 10 years old, in 1959, I won an award. It was for a report I wrote on fire prevention. The Mayor of New York City, Robert F. Wagner, Jr., gave me the award. It was a medal. My picture was in the newspaper called "Sweep." I still have the medal.

The contest is held every year. Many years later, I presented the award to the winner. I wore my medal that day.



Art M.

I did a lot of research for the report. I use what I learned everyday.



Art as a child receiving an award from Mayor Wagner

Comedies for Kids

By George F.

When I worked at IBM, once a month I showed cartoons and comedies to kids. Before I showed a movie, I had to preview it to make sure it was appropriate for the children.

I had the pleasure of showing them Dumbo, Bambi, and Davy Crockett.

We saw them in the IBM cafeteria in Franklin Lakes. We had 75 kids! They ate popcorn, candy and soda, all for free. The kids' parents all worked at IBM and dropped them off in the afternoon for a few hours.



George F.

My daughter, Valerie was 10 years old and she came too. Some parents stayed with their kids during the movie and helped me. And some didn't. We all had a good time.

It was a joy for me to show the Disney movies and cartoons.

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Oklahoma! Take 2

By Alyson B.

What a great day we had! My friend, Ed and I had a wonderful day watching "Oklahoma!" on Broadway. I didn't know what to expect. I had heard that this version was brought into modern times.

We sat in the seats and we watched "Oklahoma!" "Oh, What a Beautiful Mornin'" and "People Will Say We're in Love", were highlights for me.



Alyson B.

Following the performance, we saw parts of the terrific cast. Curly, played by Damon Daunnoin this version, and Ed, who played Curly in the Adler Aphasia Center shared a laugh. Jud, who was played by Patrick Vaill, in this Oklahoma version, was played by Mike H. in Adler's version. Many cast members were outside the building. It's so awesome to meet them.

Ed and I could not believe what a great time we had. We had a fun-filled day.



Alyson and Ed

My Wonderful Family

By Lisa G.

I am a lucky woman. My children and grandchildren all live very close to me. I have a son and a daughter.

My son, Jason, is married with three children, all girls. They are 7,11, and 19. They are the light of my life.

My daughter, Crystalynn, is married and has 4 stepchildren, two sets of twins, twin 11 year old girls and a 14 year old boy and girl.

I also have three brothers. One lives in Bayonne, one in Florida and one in Kansas City. I love them all.



Lisa G.

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Member Spotlight Meet our members Bob K. and Mary N.

Hobbies: Likes to watch old western movies

Favorite Sports

Team:

NY Rangers

Grew up in: Ramsey, NJ

Acquired Aphasia: 2005

Favorite Music: Rock & Roll

Favorite Food: Spaghetti

Job: Electrician

Family: 2 sons, 1 daughter and 3 grandchildren



Bob K. at AAC Maywood

Hobbies: Baking, Board Games and Reiki Healing

Favorite Bands: The Beatles, IZ, Stevie Wonder

Favorite Vacation

Spot:

Hawaii

Favorite Food: Pizza

Grew up in: Maryland

Job: Physical Therapist

Acquired Aphasia: 2018

Family: Has 2 daughters

Interesting Facts: Climbed Mt. Fuji in Japan & Diamond Head in

Hawaii



Mary N.

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Highlights from our West Orange, NJ Location Meet our member Mario G.

Hometown: West Caldwell, NJ

Grew Up in: Vallata, Italy

Family: Is a widower, has 1 daughter and 1 son. Also has 5

grandchildren.

Education: Master Craftsman – jack of all trades including carpentry, plumbing. He even knew agriculture since his family owned a farm and orchard in Italy when he was young.

Proud Accomplishment: Running a family business, Arcade Marble Works, with his brothers, carrying on family tradition working with marble and other natural stones. Arcade Marble Works is a marble and granite fabrication company.

Guilty pleasures: Loving fast cars – He has owned several high-end fast cars throughout his life and loves to go out for a fast spin on beautiful days.

Acquired Aphasia: April 2015



A happy Mario at his newest granddaughter's Christening party.

Aphasia Communication Groups (ACGs)
There are ten ACGs throughout New
Jersey!

For more information please contact Gretchen Szabo:

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If you would like to receive our newsletter please submit your email address to:

jdittelman@adleraphasiacenter.org

MEMBER NEWSLETTER DISCLAIMER:

This Adler Aphasia Center Newsletter is written by our members with aphasia and from their personal perspectives. The stories featured in this Newsletter are intended for its readers' general information and education. Adler Aphasia Center does not endorse nor recommend any commercial products or services that are featured in this Newsletter. Views and opinions expressed in this Newsletter do not necessarily state or reflect those of Adler Aphasia Center and shall not be used for advertising or product endorsement purposes.

Adler Aphasia Center, a non-profit organization with two full service facilities based in Maywood and West Orange, NJ and ten Aphasia Communication Groups located throughout the state, is an innovative post-rehabilitative therapeutic program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. For more information about our programs and services in Maywood or West Orange, NJ, or for information about our Aphasia Communication Groups in Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Morristown, North Bergen, Scotch Plains and Toms River, NJ, visit our website at www.adleraphasiacenter.org or call 201.368.8585

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