
We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

Golden Globes

By Alyson B.

On January 6, 2019, the Golden Globes were held at the Beverly Hilton Hotel in Los Angeles. Andy Samberg and Sandra Oh hosted the ceremony. Lots of laughs were had by all.

Golden Globes 2019 had some surprise winners like the movie "Green Book".

"Bohemian Rhapsody" won for best motion picture, drama and Rami Malek won for Best Actor.

Glenn Close won for Best Actress in a Drama, "The Wife".

"Green Book" won 3 awards: Best Motion Picture, Best Actor in a Supporting role, and Best Screenplay.

The Oscars will be on Sunday, February 24.

I can't wait to see The Oscars!



Alyson B.

Travel Tips for Aphasia

By Art M.

Have a card about aphasia

Here is a link to get the card: aphasiaid.com

Travel with someone

Plan ahead and write questions

Look at menus ahead of time; tell partner your order

Don't do too much

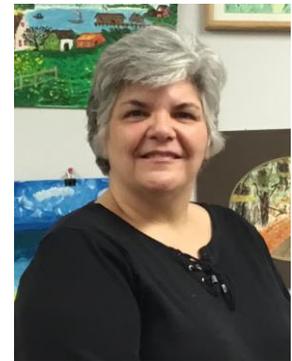


Art M.

Surprise!

By Lisa G.

My cousin was 70 on January 5. We had a surprise party for him. There were 60 guests. They came from Cheyenne, Wyoming, Kansas City, and Florida. He was completely surprised. The party was great! There was a DJ and everybody danced. The food was phenomenal. I loved the chicken francaise. There was a big cake with one candle that said 70. I was so happy to see all of my family and friends.



Lisa G.

Volunteer Interview

By Crystal B.

Hello, my name is Crystal and I have been attending the Adler Aphasia Center for two years. I am interested in knowing why the volunteers choose the center to volunteer at.

Laura is a wife and a mother of two sons and has been a volunteer for 11 years. Usually, she helps the members in Tech Group, Cooking and Drama.



**Crystal B. and volunteer,
Laura S.**

1. Are you retired, if so what was your previous job?

“Retired, one year ago. Taught French, English and Math for over 20 years.”

2. What made you come to Adler?

“I saw an article in “The Record” newspaper about the Adler Aphasia Center and was very interested. The hospital I was volunteering at closed and I had free time.”

3. Do you volunteer anywhere else?

“Yes, I volunteer at a therapeutic horseback riding program for disabled adults and at a boxing program for people with Parkinson’s Disease.”

4. What do you like to do in your spare time?

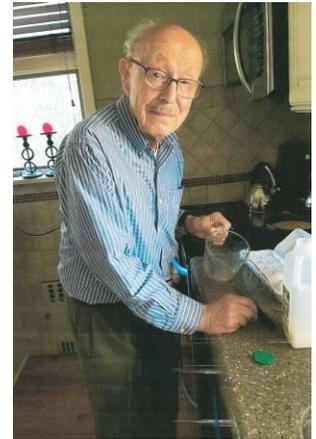
“I like to read, do jigsaw puzzles, exercise and go hiking with my husband.”

It was nice getting to see another side of Laura. She said, *“In my 40 plus years of volunteering, Adler is my favorite place.”*

Member Spotlight

Meet our members Andrew and Mauro:

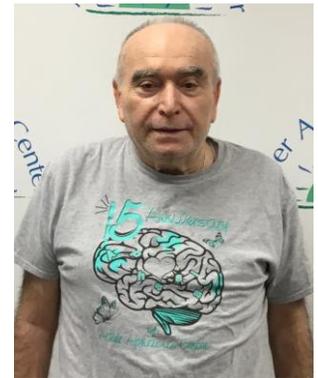
- Hobbies:** Walking, Sailing & Canoeing, “surfing” the Internet, reading, world traveler
- Favorite Pet:** Loves cats
- Grew up in:** Budapest, Hungary
- Acquired Aphasia:** 1998 - Went back to work after stroke and worked until age 90!
- Favorite Music:** Opera, Classical and Ballet
- Favorite Food:** Corn, Hungarian Goulash and Austrian Apple
- Job:** Chemist for 37 years
- Family:** Married and has 3 grandchildren. His father was 1st to invent Jet Propulsion for airplanes. His mother has a PhD in Chemistry and was a doctor.



Andrew F.

(Andrew cooking breakfast)

- Hobbies:** Chess and soccer
- Born:** Molfetta, Italy
- Acquired Aphasia:** 2012
- Favorite Sports Team:** New York Giants
- Favorite Singers:** Andrea Bocelli and Johnny Cash
- Job:** Worked at Two Guys and was machine operator at Nabisco
- Favorite Food:** Parmigiana cheese and Broccoli Rabe
- Favorite Book:** Il Codice DaVinci
- Favorite Movie:** “Life is Beautiful”
- Favorite Vacation Spot:** Molfelitta, Italy



Mauro F.

Highlights from our West Orange, NJ Location

Meet our members Roy and Edwin:

Hello. My name is Roy B.

I was born in England.

I was born 4th of July, 1939.

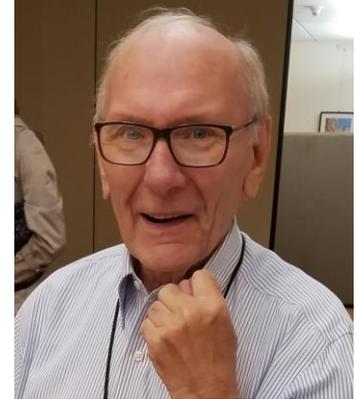
My mother died when I was 2 years old.

I moved from Southampton to Dibden Purlie in England to my Granny.

There was a school 20x30 one room the woman taught 6 years to 15 yrs.

One day I was climbing a tree and they called "Roy" and Granny said "This is your new Mom" and I went with them. This is your bedroom, your father will be happy. He was happy. I was confused.

I had to go to a new school.



Roy B.

One day at school the teacher had me go to the Headmaster's office. I met Mr. Peery.

"My job is to talk to you and offer you a job. The shipping federation, here is my card, I hope you take it."

Thank you, I must talk to my father about it. My father seemed pleased. I told them I would take it.

The job I had was running upstairs and down, making tea and running the carbon paper.

I was 17 years old and I told them, I wanted to get on a ship.

He said you have to be 18 years old and go to London. I said 17 is enough. I started as a salon boy in the 3rd restaurant.

These are some of the ships that I worked on: Edinburgh Castle, Athlone Castle, Cunard Steamship, Saxonia, Invernia, Caronia, Mauritania, Queen Mary, Furness Withy and the Queen of Bermuda.

It was July, I met my wife. She asked me to take her and her friends picture and I said, "I certainly can!"

I fell in love.

We were married for 53 years and we were happy. We were in Red Bank, N.J. We went to England for 3 or 4 years.

We traveled everywhere: all the states from Florida, Maine, Las Vegas and Arizona. We had 3 weeks in the Mediterranean and 2 weeks in Nassau.

Everything was fine. One day I took the dog out and my wife Terry told me she was going to take a bath. I took Piper out and she did her thing. I went to bed. I woke up and the bathroom door was closed.

She passed away – it was 2013

We did have a good life together 53 years.

My name is Edwin.

I entered the United States in 1976 from Grenada.

The natives speak a Patois, a broken French, but I spoke English.

I lived in Brooklyn with my aunt and uncle. My aunt invited me to come live with them because she didn't like my lifestyle in Grenada.

In Brooklyn, I worked at White Castle and went to tech school in Manhattan. After I was mugged in Brooklyn, I rented an apartment in Newark, working at Central Warehouse.

Then I moved to Irvington where I still live. I was working in the Business Office of the Irvington Board of Education when I had a stroke in June of 2016.



Edwin

Beth Israel Hospital sent me to Kessler for therapy. They taught me to walk, exercise, and take care of myself. I had physical, occupational and speech therapy there. Kessler recommended I go to Adler as beneficial to me for spelling and writing. The speech therapist said it could help me use the computer.

Adler helps with memory, communication, and discussion about today's news. I enjoy discussions and knowledge about the brain and its operation. Each person helps teach more about it.

I enjoy listening to music and learning about the artists like Bon Jovi and protest music. I learn about dirty jobs like cleaning up after animals, sewer work, and garbage man.

I like to communicate through Skype and with the other members. Other people come to lecture about their travels. I'm learning a lot and becoming very knowledgeable at Adler. I'm learning about Aphasia.

People ask me what Adler is. I tell them about what happens with a stroke, how it affects the body and speech. I love learning. I love Adler for the teaching. I'm happy to come here for learning, communication and the people. I plan to continue to be a part of Adler.

Aphasia Communication Groups (ACGs) **There are ten ACGs throughout New Jersey!**

For more information please contact
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If you would like to receive our
newsletter please submit your email
address to:
jdittelman@adleraphasiacenter.org

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