We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

Happy Halloween
By Linda M.

I like Halloween.
I like when the girls and boys get dressed up.
I put out pumpkins and candy.
The leaves change color and they are pretty too!
It gets cold outside and I will wear sweaters.
Robert and I get the door-bell and give the kids candy.
My dog, Harlie barks like crazy when the kids ring the bell.
We get candy for the kids at the store.
Sometimes we get too much candy.
When it gets dark the older kids come for candy.
When my girls were small lots of kids came over.
My girls loved to trick or treat.
We had pizza at my house for the girls and their friends.

Aphasia Communication Groups (ACGs)
There are ten ACGs throughout New Jersey!

For more information please contact
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If you would like to receive our newsletter please submit your email address to: jdittelman@adleraphasiacenter.org
Halloween Survey
By Bob M.

We surveyed members to see what were their favorite all time Halloween movies. We came up with six movies. The Halloween movie choices are listed below.

- “It’s The Great Pumpkin Charlie Brown”
- “Beetlejuice”
- “Nightmare on Elm Street”
- “Ghostbusters”
- “Carrie”
- “Young Frankenstein”

Did your favorite movie make this list? There are a lot of good Halloween movies. The Original “Halloween” movie, with Jamie Lee Curtis, tops my list.
Halloween Traditions from Ireland
By Anna M.

I grew up in the Bronx. But my parents were from Ireland.

Here are some of the traditions my parents brought over from Ireland:

- We bobbed for apples: Inside the apple were coins, like pennies or nickels, not dimes because they were expensive;
- We had cake, in the slices there was candy, something little for you, sometimes in the cake, or maybe in the top of the cake;
- We never had costumes;
- In Ireland, they used to have bonfires at night.

A long time ago, they had different traditions: Something called “Blind Date” where blindfolded girls went into the field and picked a cabbage. If it had a lot of roots, then their future husband would have money.

When I was 17 or 18, we moved to another house in the Bronx. At first, we didn’t know about Halloween traditions here. When we saw people wearing costumes, we thought it was like “oh wow”.

Then we learned that they knock on our doors for candy. We had to go out and buy candy for them.
Getting to Know Our New Maywood Members
By Ken A.

Welcome new members! We asked some getting to know you questions.

What is your favorite type of music?
Religious, classical, jazz, country

What is your favorite type of food?
Chicken and rice, fish and chips, vegetables

Would you rather travel in the U.S. or outside the U.S.?
Atlanta, Boston, Orlando, Las Vegas

What kind of pet do you like more? Cats? Dogs?
Dogs rule!

Would you rather dress up as a devil or dress up as an angel?
All said angel but Paul said devil!
Member Spotlight
Meet our members Rich G. and Joan W.

Rich G.

Hobbies: Skiing and building model airplanes
Grew up in: Voghera, Italy and Manhattan
Acquired Aphasia: 2016
Favorite Singer: Dean Martin
Favorite Food: Pasta
Job: Specialist in application and machining technical industrial ceramics for medical and aerospace
Family: Wife, 1 son, 1 daughter and 3 grandchildren
Interesting Fact: Was a cook in the Army Reserves

Joan W.

Hobbies: Cooking
Favorite Music: 50’s and 60’s
Favorite Vacation Spot: Cruises
Favorite Book: Gone with the Wind
Grew up in: Jersey City
Job: Receptionist
Acquired Aphasia: 2016
Family: Husband, 4 daughters, 11 grandkids, 11 great-grandkids
Interesting Fact: Started dating husband when both were 12 years old
Highlights from our West Orange, NJ Location
Meet our member Sheela V.

I am Sheela V. I am a member of the Adler Aphasia Center. I was a Senior Staff Pathologist with Quest Diagnostics before I suffered a stroke on August 17, 2018. All my life I have enjoyed poetry and drawing. I was born and raised in India. I love Marathi and Hindi songs and literature. I used to be able to sing songs and poems. I am able to sing a song or recite Sanskrit Mantras. Here are some lines and sketches that I did as I am recovering from the stroke.

3/9/19 - SUNRISE
In the spring, breaks in morning with a few clouds with beautiful colors, with magenta and pink. The sun is dazzling with warm and warmth. The birds chirping and woodpecker loud “rat-tat-tat” and an oriole’s sing melodious greeting song. There are butterflies searching for new flowers. There is lush green meadows with sheep and bringing lambs and mares getting foals. Now is a brook with large trees for shade. A small truck with leaving on a long-winded road.

3/21/19 - THE DALAI LAMA
The beautiful in the eyes and the smile of the lips is absolutely kind and compassion. The fact is that an old man. The man’s robe lies nothing important.

(I drew his picture by looking at his photo on the cover of the Time Magazine.)