

We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

## Meant To Be

By Art M.

I met Becky at a party on a Sunday in August 1988. It was a surprise party. Becky knew who the party was for. I did not. I came with a friend.

For me, it was love at first sight! We talked at the party. I proposed to her that night! Becky said yes that night!

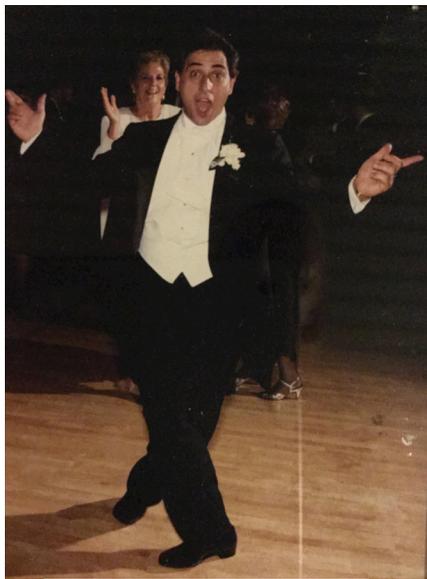
We dated and got married 1 year later.



Art M.



Art and Becky's Wedding Photo



Art dancing at his wedding

## My Next Adventure

By Lisa G.

I love adventures.

I have zip lined three times.

The first time was on a Royal Caribbean cruise.

It was a good place to begin but I wanted more excitement.

The second time was in Kansas and the third time was in New Jersey.

Now I want to skydive.

The best place to start is in Paramus at iFLY where I can skydive indoors.

If I like it, I will find a place where I can go up in an airplane and jump out, but not alone.

That means I want to do tandem skydiving, which means I will have a professional on my back when I jump out of the plane.

There is a cool skydiving company in New Jersey called SKYDIVEJERSEY.

It looks like the perfect place for me to skydive outdoors for the first time.

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**Lisa G.**

## Hudson Yards

By Alyson B.

I have been very curious to hear what has been going on with Hudson Yards!

The Vessel, the shopping center, is a 16-story, 150-foot-high level of linked staircases between the buildings of Hudson Yards, located in the 5-acre Hudson Yards Public Square. The shopping and food are great.

If you would like to visit Hudson Yards.

As a former teacher, I have been to the High Line many times. One of the programs was Trains, Shipping, and Cargo Zipping: History on the High Line. As part of this exploration, we had a scavenger hunt. I had a fun time.

The High Line starts at Gansevoort and Washington Street in the Meatpacking District (right near the new Whitney Museum) and ends at 34th street and 11th Avenue.

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**Alyson B.**

## Cat Mom

By Crystal B.

On Saturday, March 30th, I adopted two cats, Sherlock and Wendell. They are both one year old and were born in North Carolina. They came from the Rutherford Humane Society. The choice was easy because having a pet has helped my recovery from my stroke, I suffered on July 9, 2016.

My first cat, Panda was adopted from the same place and offered me hope and companionship. Panda passed away on November 2, 2018 and I feel emotionally ready to take on the challenge of being a cat Mom.

Sherlock is a cuddle buddy and he sleeps on my shoulder. He also likes rubbing cheek to cheek and doesn't like wearing a collar so he takes off his tag every day.

Wendell is a little shy, he likes to be rubbed but not held and he sleeps near the end of the bed. He likes to eat when no one is watching and loves dry food.

Below are pictures of the happy cats.



**Crystal B.**



**Panda**



**Sherlock and Wendell**

## Member Spotlight

### Meet our members Jerry L. and Bob M.

**Hobbies:** Photography, Gardening, Cooking & Home Improvement

**Favorite Movies:** *Roman Holiday, An Affair to Remember*

**Grew up in:** Taipei, Taiwan

**Acquired Aphasia:** 2017

**Favorite Music:** Classical, Jazz, Pop Music & Some Opera

**Favorite Food:** Lobster, Peking Duck, Ice Cream, Chinese Food

**Job:** Medical Researcher for 40 years at Columbia Medical Center

**Family:** Married and has 1 son a daughter-in-law & 2 grandsons



Jerry making Peking Duck

**Hobbies:** Stamp Collecting, Native American History & Artifacts

**Favorite Bands:** The Eagles, The Grateful Dead

**Favorite Vacation Spot:** Vermont

**Favorite Food:** Pepperoni Pizza

**Grew up in:** Bergenfield, NJ

**Job:** Chef at Rutland Regional Medical Center

**Acquired Aphasia:** 2000

**Family:** Mother, 2 brothers, a sister and 5 nieces/nephews



Bob M walking his dog

## Highlights from our West Orange, NJ Location Meet our member Paulette D.

My name is Paulette.  
I am from Jamaica.  
I moved here for better opportunities.  
First, I lived in The Bronx by myself.  
I was a Nurse's Aide in a school.  
Now I live in Roselle with my daughter.  
My daughter's name is Aleya.  
My grandson's name is Alexander.  
I love them very much.  
I had a stroke over a year ago.  
I like the group.  
I enjoy talking to other people and learning about the brain.  
I love to sing.



**Paulette D.**

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### **Aphasia Communication Groups (ACGs)** **There are ten ACGs throughout New Jersey!**

For more information please contact  
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If you would like to receive our  
newsletter please submit your email  
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