The Adler News Maywood, New Jersey Issue 12 | December 2018

We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

The Results Are In! Favorite Holiday Meals

By Ken A.

Ken A.

We surveyed our members and the results are in!

First Course:

- Number one: Shrimp Cocktail got the most votes.
- Tied: Cheese and crackers/veggies with dip.

Second Course:

- Number one: Turkey is the favorite.
- Close second: Steak, fish, lamb

Sides:

- Tied for first place: mashed potatoes, stuffing and cranberry sauce
- Sweet potatoes, vegetables and bread were next.

Dessert:

- Favorites: Pumpkin pie and ice cream
- Tied: Apple pie and chocolate

This is my favorite report.

Yummy. Yummy. Yummy!!!!

Holiday Train Show

By Deborah K.

Deborah K.

My wish is to go to see the annual Holiday Train Show at the New York Botanical Garden in the Bronx. I have always wanted to go. I've been to the Peggy Rockefeller Rose Garden at the Botanical Garden in June four years ago and it was glorious. All the roses were spectacular.

The Holiday Train Show of 2018 encompasses G-scale model trains that zip through a display of 175 miniature New York Landmarks. The artist, Paul Busse and his team at Applied Imagination have been responsible for creating buildings, bridges, gardens and a Coney Island boardwalk. Since the Exhibit began in 1991, every structure is a replica of an actual New York place. Each structure is built with organic materials such as bark, leaves, twigs, seeds and gourds. In fact, tree resin is used for the window glass. Nearly a half-mile of track at the historic Enid A. Haupt Conservatory have model trains chugging over the Brooklyn Bridge.

This year's exhibition showcases Lower Manhattan featuring the Statue of Liberty and Ellis Island. Famous skyscrapers are there with replicas of One World Trade Center, Woolworth Building, Battery Maritime Building and two vintage Ferry Boats.

I would love to see the Holiday Train Show!

Movie Review -- Bohemian Rhapsody

By Bob M.

Bob M.

I saw the movie "Bohemian Rhapsody" with some Adler members. I liked it very much. There was a lot of music. The movie highlighted the personal life of Freddie Mercury, the leader of the band, which I found very interesting. Rami Malek, the actor played Freddie Mercury very well. I found it interesting to learn about the progression of the band, "Queen", how they formed and how they eventually stayed together. It also showed the courage Freddie Mercury had when he was battling AIDS. I recommend this movie. I felt it had both uplifting and sad points and the music was great.

Up and Down Otter Creek

By Bob M.

Bob M.

I like to fish. My ex father in law taught me how to fish. We used to go to a small city called Vergennes in Vermont. I learned how to fish at a place called Otter Creek. Otter Creek is a long creek that stretches from Vergennes to the mouth of Lake Champlain. They host many fishing tournaments on the creek. It is a favorite fishing spot for many bass fisherman in New York State and Vermont. There is a whole lot more to fishing than meets the eye. You have to have a good area that has fish, the right bait and the right conditions.

My father in law taught me well. He saw that I loved to fish so much that he helped me buy my own fishing boat. I paid $800 for the used motor fishing boat. Only 10 horsepower motor but I loved to go up and down Lake Champlain on that boat fishing.

We would fish for large bass, northern pike, walleye, and bullhead. I would spend many hours on that boat sometimes with my friends and sometimes with my nephew and now and then with my wife. It was fun.

The biggest fish I caught was a northern pike. They are big, long, and put up a big fight but are not a good eating fish. The best eating fish are the bass. I caught some good eating bass. They also give a good fight to reel in. Bullhead is another good eating fish.

My favorite type of fishing is trolling. You drop your line on the pole and let it go at a certain point. Then, you lock your line. The lure will zig-zag back and forth to attract the fish. If the fish are snared, it is up to you to reel it in.

I am grateful that my father in law taught me about fishing. I enjoyed my days fishing on Otter Creek and those times will never be forgotten.

Highlights from our West Orange, NJ Location

Meet our members Anithia and Nancy:

Anithia C.

My name is Anithia.

My stroke was on April 20th of 2014.

I couldn't believe how many people showed up to vote.

First-time voters, Puerto Rican voters, and women; everybody came out to vote.

Many women won in Arizona, from both parties.

Krysten Sinema won the Senate by 49.7%.

She was a Democrat.

There was a "pink wave" across the country.

A lot of women won in the Senate and House races.

Critics Corner

Nancy N.

My Name is Nancy Nevius

We saw the 4th graders of the Hillside School put on Newsies. We rated it on a scale of 1 - 5. Our average rating was 3.75.

This is what everyone said:

- Everything was fun, fun, fun
- There was Highs and Lows
- Not loud enough, it was a disservice to the kids
- Need better microphones
- Good but too many people on stage at the same time
- Talented Kids
- Good. The kids came over and talked to us. Not shy.
- I liked it.
- Wonderful, but too many kids in the show
- Awful
- I loved it, especially 2 of the girls
- OK
- Did a very good job
- I liked talking to them. The kids.
- Very Good. Yes. Very Good

Aphasia Communication Groups (ACGs)
There are ten ACGs throughout New Jersey!

For more information please contact Gretchen Szabo:
gszabo@adleraphasiacenter.org

If you would like to receive our newsletter please submit your email address to:
jdittelman@adleraphasiacenter.org

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