



FREQUENTLY ASKED QUESTIONS

How do I join the Adler Aphasia Center in Maywood or West Orange?

We welcome people of all ages who have been diagnosed with aphasia. Depending on the closest location to you, call **201.368.8585** to set up a tour for Maywood or call **973.530.3981** to tour our West Orange facility. Our tours will provide you with more information about our Center and how it will help in your recovery.

Do you offer aphasia groups in other communities beyond Bergen and Essex counties?

We provide Aphasia Communication Groups throughout NJ. These groups, facilitated by licensed speech therapists, meet twice a month to allow participants to practice their communication skills and make social connections. Please call **201.368.8585** for more information about locations.

Do you provide transportation to your programs?

We have information available about many assisted transportation programs in NJ. Options are reviewed in detail during your tour.

ADLER APHASIA CENTER

A Vital Therapeutic Resource for the Aphasia Community

OUR GROWTH AND VISION

The Adler Aphasia Center operates out of two regional hubs, in Bergen County and Essex County, NJ, and runs Aphasia Communication Groups in cooperation with community organizations across several NJ counties, greatly expanding the reach of its therapeutic work in long-term aphasia rehabilitation. With 70,000 people living with aphasia in NJ alone, the sustaining of current programs and the creation of replication programs of the innovative Adler methodology is the Center's key priority.

ADLER APHASIA FULL-SERVICE CENTER PROGRAMS IN NJ

Maywood, *Bergen County*
West Orange, *Essex County*

APHASIA COMMUNICATION GROUPS

- Bridgewater, *Somerset County*
- Haddonfield, *Camden County*
- Hammonton, *Atlantic County* (Stockton University campus)
- Maywood, *Bergen County*
- Monroe, *Middlesex County*
- Morristown, *Morris County*
- Scotch Plains, *Union County*
- Toms River, *Ocean County*
- Union City, *Hudson County*



Adler Aphasia Center

60 West Hunter Avenue
Maywood, NJ 07607
201.368.8585

Adler Aphasia Center at West Orange

JCC MetroWest
760 Northfield Avenue
West Orange, NJ 07052
973.530.3981

Aphasia Communication Groups throughout NJ



info@adleraphasiacenter.org
www.AdlerAphasiaCenter.org

Adler Aphasia Center is a 501(c)(3) non-profit organization.

a•pha•sia (uh-fay'-zhuh) *n.* A language disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or brain injury. This frustrating condition affects a person's ability to communicate, but does not affect his or her intellect.

Photos courtesy of Jennifer Brown



Reconnection. Recovery. Rediscovery.

MAYWOOD, NJ | WEST ORANGE, NJ

APHASIA COMMUNICATION GROUPS THROUGHOUT NJ

HOW WE HELP PEOPLE WITH APHASIA

Aphasia robs stroke and brain injury survivors of their ability to communicate. The Adler Aphasia Center provides a comprehensive therapeutic environment of innovative programs for people with aphasia and is staffed by licensed speech-language pathologists and trained professionals. Through life skill activities that focus on conversation and communication, the arts, fitness, technology and more, our program helps our members:

- Improve their communication skills;
- Exercise their cognitive skills;
- Build their self-esteem and confidence;
- Make new social connections;
- Enhance their quality of life.

Our research shows significant improvements in functional language skills and perceived quality of life among our members, after just one year of participation in our program.

HOW WE HELP CAREGIVERS AND FAMILIES

We offer caregiver and family support groups that are facilitated by a Life Coach. These groups focus on mutual encouragement and building strategies to cope with the challenges of aphasia.



WE ARE A COMPREHENSIVE LONG-TERM APHASIA TREATMENT PROGRAM

In addition to offering direct services for people with aphasia and their families in a group setting, we:

- Conduct research to demonstrate the effectiveness of our model of care and to expand the understanding of aphasia rehabilitation;
- Partner with area medical schools, universities and health systems to educate healthcare professionals and students about the challenges of aphasia, providing them with strategies to communicate with patients with aphasia;
- Provide an opportunity for members to re-invent themselves by learning a craft through Something Special, a member-run store that designs and creates handcrafted jewelry and gift items. Members participate in sales events, advocate for aphasia and become an active member of the community again while building their self-esteem;
- Incorporate aphasia-friendly software and mobile devices like iPads into our Technology program, building their knowledge and communication skills as they email, skype, and use social media, as well as access information on the internet.

A DAY AT ADLER APHASIA CENTER

- Members with aphasia attend 5 hours a day twice a week, participating in 3 groups per day.
- Members can choose from a variety of groups to include: communication skills, current events discussion, handwriting and spelling, drama, choral singing, jewelry and gift design, technology, photography, exercise, movies, advocacy, and more.
- Members benefit by learning to cope with the challenges of aphasia, by practicing their speaking, by learning alternative communication strategies, and by socializing with others with aphasia.
- The Center charges a nominal fee per day for services and programs. Scholarships are available – no one is turned away for their inability to pay.

