

Why I Love Summer

By Ellie M. - Haddonfield & Hammonton ACG Member

Summer is so beautiful. Flowers set the tone. Magically, flowers are pretty much blooming everywhere. There is a myriad of colors and shapes. Foxgloves are awesome. Even the weeds are thriving and are beautiful!

Summer for me is very varied. In June, we move from Medford to Brant Beach, Long Beach Island. My husband's grandparents had the foresight to build a home there in 1929 so there have been Minks there ever since, over ninety years. The beach is especially nice in July and August. Before that, the water is too cold, and some of the restaurants and shops are only open part time. That's frustrating, but it's a paradox because LBI gets overwhelmed with visitors and we find ourselves wishing for a little tranquility. I enjoy hanging out on our enclosed front porch and eating at our picnic table in the back yard. I also find respite in watching my son, Willi, surf. He has been surfing since he was eight, when his godfather, Tom, an avid surfer, gave him his first board. He's now 31 and has surfed around the world in Europe, Africa, the Caribbean and Central America.



Ellie M.

We experience a whole other dimension of summer by traveling to Maine each summer since 2003. We stay at the Navy's Great Pond Outdoor Adventure Center near Aurora, Maine for a week each summer. We stay in a 24 foot yurt. The yurt is a domed wood frame structure with canvas stretched over it. It resembles a huge igloo. We used to tent camp, but it always rained, and we could never dry out. We get to kayak and swim in the lake and listen to coyotes howl at night as we sit by the campfire.



24 foot yurt

Each year we make a day trip to Acadia National Park and Bar Harbor. We have tried to swim there but the water is way too cold. Last year we visited Steven King's house in Bangor...eerie, with a carved-out tree statue in the front yard!

On the way back to New Jersey, we always stop at Farnsworth Art Museum in Rockland, Maine. The museum features the Wyeths, who summered in Maine. As an artist who grew up near Andrew Wyeth's home in Chadds Ford, Pennsylvania, I love it! I hope you can find pleasure in summer like I do!



Tree Statue

Craig's Woodwork Design

By Craig M. – Toms River Member

Etsy is an online shop with small creators. There's lots of things on Etsy –furniture, clothes, decorative coffee mugs. Etsy shows a variety of skills people have. I've been woodworking for 35 years. I'm starting a shop making wood shelves. I could make sellable products for less money than people are selling for on Etsy.

The shop name is Craig's Woodwork Design (search CraigsWoodworkDesign). I cleaned my garage for a workspace. It took 5 hours. I was planning on starting with two shelf designs but will start with one. The shelves will have 3 color options – light stain, dark stain, unfinished. It will feature one floating rustic shelf including 6 inch brackets. I may add more designs in the future.

I'll price my shelves at \$49 to be competitive and include brackets. The current prices on Etsy for floating shelves are \$63-\$77 dollars per shelf. It will take around 1 hour to make each shelf. Etsy will make the shipping label for convenience. The goal is to have my shelf listed in July.



Craig M.

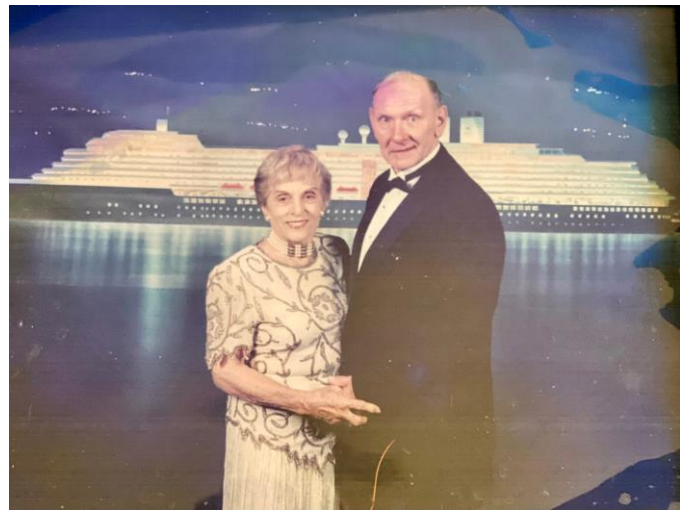
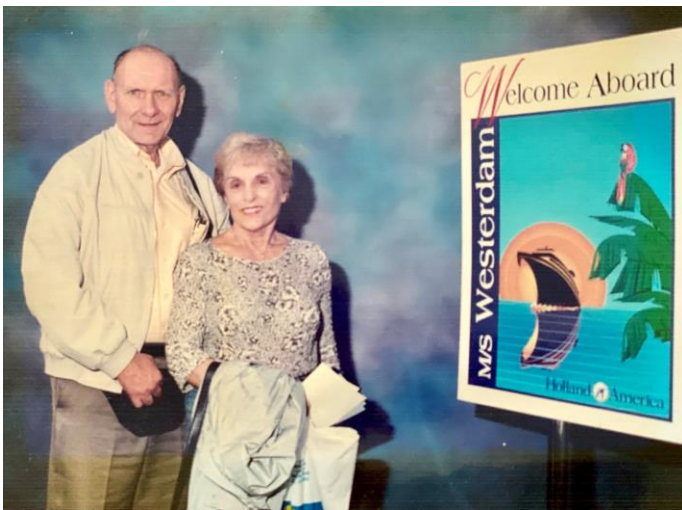
A Most Wonderful Summer Vacation Trip

By Roy B. – West Orange Member

In the summer of 2007, after my stroke, my wife and I went on a two-week Mediterranean cruise via the MS Westerdam ship. The trip was an anniversary gift from our children.

Before giving us the tickets, our children presented us with wrapped items as clues that represented each country. For example, a box of spaghetti for Italy. I knew beforehand that the gift was cruise. However, I did not know where we would be going. After opening all of the clue gifts of each country we would be visiting, my wife still could not figure out the real gift. It was not until I handed her the tickets that she finally realized we were going on a cruise.

We visited a number of different countries. We stopped in various ports in Spain, France, Italy, and Greece. Every night, we had a drink inside on the ship and listened to band play soft music and we danced the night away. It was really nice.



**Roy and his wife on the
MS Westerdam Ship**

Thankful

By Kevin D. – Maywood Member

I am thankful that I survived a stroke and multiple seizures. I had a stroke approximately 4 ½ years ago. I believe I will be back to work again. I had a seizure after working out and another after ordering coffee at a Starbucks. Both times they had to call an ambulance. Don't get nervous. Keep the faith. It makes a difference. Going to speech and occupational therapy makes a difference.

My doctors are amazing and very good. Two years ago, the doctors figured out a procedure to get around the artery blockage and fixed it. I have so many contacts and friends that stepped up and helped me out. They come from many different states.

Certain lawyers came to the hospital and did their work from there. I'm thankful my health is getting so much better because of occupational and speech therapy. I can talk and participate. I expect to be practicing real soon.



Kevin D.

Programs offered throughout the state of New Jersey:

- **Maywood Campus:** kcastka@adleraphasiacenter.org
- **West Orange Campus:** sqlacer@adleraphasiacenter.org
- **Toms River Campus:** brein@adleraphasiacenter.org
- **Aphasia Communication Groups (11 sites in NJ):** gzsabo@adleraphasiacenter.org

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Adler Aphasia Center, a non-profit organization with three full service facilities based in Maywood, West Orange, and Toms River, NJ and eleven Aphasia Communication Groups located throughout the state, is an innovative post-rehabilitative therapeutic program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. For more information about our programs and services in Maywood, West Orange, or Toms River, NJ, or for information about our Aphasia Communication Groups in Belvidere, Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Morristown, North Bergen, Scotch Plains and Toms River, NJ, visit our website at www.adleraphasiacenter.org or call 201.368.8585